

Welcome to Outrigger Caloundra Canoe Club Ohana! We are excited to have you aboard. Below is some information to get you started and there is more on our [website](#).

CLUB CONTACTS

If you have any questions, we are more than happy to chat, please see one of the crew:



Outrigger Caloundra Canoe Club Committee Members and Positions

The Committee



President

Vice President

Treasurer

Secretary

Registrar

Rebecca Prasad

Morten Glerup Schnoor

Alana Behne

Heeni Rongo

Tracey Douglas

Other Positions



Head Coach

Men's Captain

Lady's Captain

Ambassador

Equipment

Gavin Douglas

Steve Lilwall

Di Gretton

Uncle Bruce Mumford

Craig Bourne

TRAINING

The OC6 race season is from October to June. During this time, we try to keep our race squads together and encourage social paddlers to train in their own crews. During our off season between June and September, all paddlers train together as one club and training times may change. If you are interested in racing, please see the head coach.

- 5am Tuesday and Thursday (off the water by 6.15am)
- 4:30pm Tuesday and Thursday
- 6am Saturday

LEARN

- [Click here](#) to read one of our newsletters about outrigger technique. While this may seem overwhelming, just remember, there are a million ways to paddle but if you are smiling you are doing it right! We are all still learning and improving, just at different stages of development.
- [Click here](#) to read one of our newsletters about the history of outriggering, how to recover from a huli, roles in the boat and race starts.

COMMUNICATION

We use various forms of contact to communicate with our club members about upcoming events, racing and social events etc through emails, club whiteboard and the following social media platforms:

Teamer

- The coaches and committee use an online team management system “Teamer” to help us plan training sessions and select crews for competitions. It is also used for inviting people to social events, advising members about committee meetings and coordinating our weekly meat tray raffle at the Power Boat club.
- Click here to register: [Teamer](#). You will need to join Teamer and please see one of us if you need help to set it up.
- It is essential you accept Teamer invites for training if you are attending a session to ensure you are included in a crew (by 8pm night before for am training and by 3pm for afternoon training). If you accept and are unable to attend, please change your acceptance on teamer to declined at least 45 minutes prior to the session to allow coaches to plan the sessions and crews.

Facebook

- Request to join our members closed group [here](#). This is not compulsory but a great way to stay in the loop! Non Facebook users will still receive information via our email newsletter.

Instagram

- Follow us on Instagram [here](#) for some great images!

SAFETY

Please read of the information about safety risk management, incident and injury reporting here: [Safety and risk management](#)

FUNDRAISING AND EQUIPMENT

- Outrigger Caloundra is a not for profit sports club, managed by volunteers. It is expensive to purchase new canoes, maintain all equipment and the clubhouse. As a member you will be expected to help us with fundraising events and volunteer throughout the year. You will be rostered to sell raffle tickets with another member up to 3 or 4 times a year at the Power Boat Club on a Sunday afternoon, this will usually take less than an hour.

- Paddles are provided for new members for the first year, after that you will be expected to purchase a paddle. These can be purchased new or second hand. Please see anyone of the committee to assist you with this.
- New ideas for fundraising are always welcome!

HISTORY, TRADITION AND ETIQUETTE

- *What the wheel was to the western culture* (West 1995). Outrigging has an interesting history, [click here](#) to read one of our newsletters about the history of outrigging and more about the ins and outs
- One of the greatest things about being an outrigger paddler is that you can paddle with just about any outrigger club around the world if you adhere to canoe etiquette. You may not have the technique and you may not have much experience, but you will be welcomed with open arms if you respect the traditions of outrigger canoeing. While canoe etiquette may vary from club to club, [click here](#) and scroll down the page to read more about the do's and don'ts.

There is a lot of information here so we suggest you save the email for later reference. Or add the email to the OCCC contact on your phone!

Mahalo

See you on the water!

